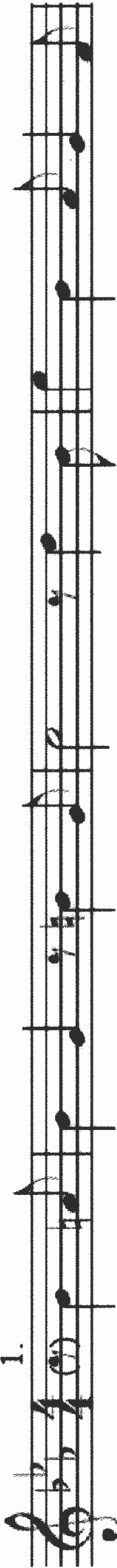


Move Your Body and your mind

Beat Schäfer 2012



1.

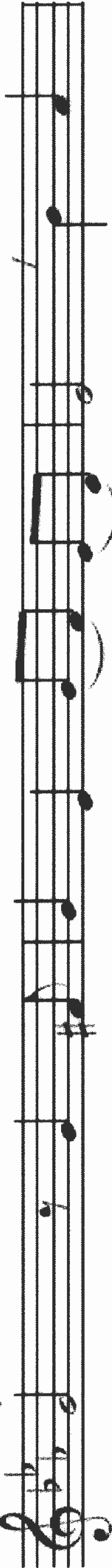


Move your fin - ger, move your arm, move your el - bow, move it with

4



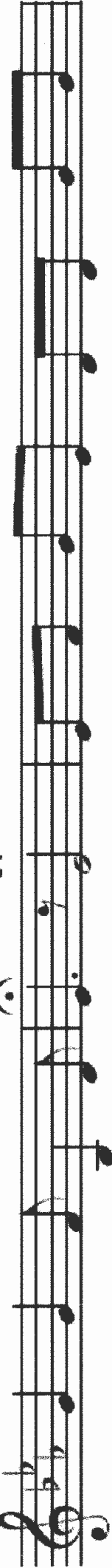
2.



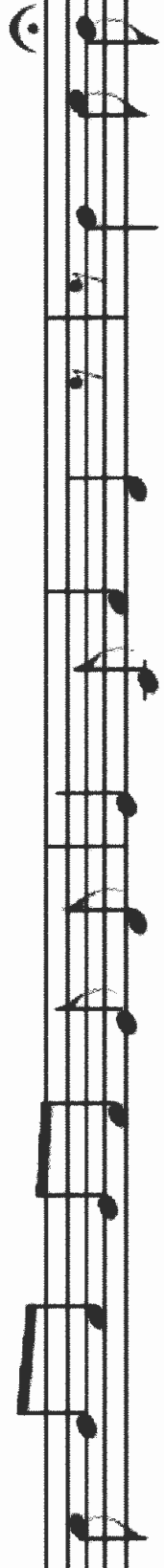
charm! Move your shoul - ders, move your head, move your

7

3.



legs and don't be a - fraid! So move your bo - dy, move your mind and



you feel you're still a - live! So move your bo - dy! Move your mind!